

Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/03/2025																
Middle School Lunch	Total	3199														
QUESADILLA,Spicy, Chicken 2020	1 EACH	400	311	45	546	3.00	1.67	325.1	334	2.13	*1	16.97	29.7	13.55	6.33	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
PROTEIN BOX MIDDLE SCHOOL BEANS, PINTO SEASONED-2017	1 EACH	422	478	106	601	6.71	3.07	93.3	2843	12.46	*6	12.64	39.43	34.78	6.62	*0.07
ELOTSTREET CORN IN A CU P 2018	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
Potato Wedges, Plain FRESH '24	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.88	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibbles MS/HS	5 OUNCE package	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
SLUSH, KIWI STRAWBERRY '23	s, 4oz container	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	s, 4oz container	400	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	s, 4oz container	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Rialto Unified School District**

**Mar 3, 2025 thru Mar 7, 2025**

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/03/2025																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			677	60	964	1762.2	3.29	497.2	6374	36.89	*39	28.94	97.52	19.79	5.39	*0.05
% of Calories											*23.3%	17.1%	57.6%	26.3%	7.2%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/04/2025																
Middle School Lunch	Total	3199														
ENCHILADA,SCRATCH,beef24c t '22	1 Ser(25 ct	400	247	48	390	1.40	1.22	231.1	564	1.58	*1	13.82	15.68	14.37	6.80	*0.17
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.89	*15	14.55	87.9	8.18	1.98	*0.00
spicy chicken/tapatío salad	1 EACH	422	424	26	684	5.24	4.38	67.1	1512	11.72	*10	15.4	42.32	23.27	4.22	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CUP 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			640	51	930	1761.9	3.51	461.1	6092	35.05	*38	28.94	92.83	17.58	4.66	*0.07
% of Calories											*23.7%	18.1%	58.0%	24.7%	6.5%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/05/2025																
Middle School Lunch	Total	3199														
TUNA SALAD Grinder 2020	SERVING	400	303	29	651	3.45	2.91	116.1	801	1.7	*3	19.53	36.44	12.38	1.76	*0.00
Lettuce & tomato cup	serving	400	10	0	6	0.82	0.26	11.3	378	3.13	1	0.61	2.12	0.1	0.01	0.00
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	1 EACH	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Wrap, CRUNCHY CHICKEN MS	1 EACH	422	409	100	673	2.62	1.45	97.3	638	133.35	7	21.31	39.39	20.04	4.68	*0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/06/2025																
Middle School Lunch	Total	3199														
Wings & Mac '23	SERVING	400	654	125	1370	1.86	2.20	560.0	1650	0.61	*15	38.67	61.57	27.81	11.17	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
CHEESEBURGER, W/ BUZZ'23	1 EACH	400	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	300	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO, BEEF BEAN & CHSE-2017	Burritos	422	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
SALAD, CHEF, '24	1 EACH	422	435	139	753	2.50	1.83	183.6	1155	6.15	*7	20.34	33.38	25.11	5.97	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Rialto Unified School District**

**Mar 3, 2025 thru Mar 7, 2025**

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			691	77	1059	1761.6	3.28	523.0	6187	34.20	*39	32.83	96.94	19.48	5.55	*0.06
% of Calories											*22.7%	19.0%	56.1%	25.4%	7.2%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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# Rialto Unified School District

Mar 3, 2025 thru Mar 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 9

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/07/2025																
Middle School Lunch	Total	3199														
Cheesy Nachos W/SAUCE- '24	Serving	400	272	30	528	0.94	113.40	255.8	0	0.0	0	7.94	22.9	16.56	4.89	0.00
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Salad, TACO '23	1 each	422	573	45	779	7.55	228.25	113.5	1238	9.75	*8	23.11	63.01	29.42	6.53	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	46.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			660	46	914	1761.5	46.85	447.5	6159	44.25	*43	26.94	100.51	17.33	4.20	*0.04
% of Calories											*25.9%	16.3%	60.9%	23.6%	5.7%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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**Rialto Unified School District**

**Mar 3, 2025 thru Mar 7, 2025**

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 10

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average		664	58	971	1761.8	12.03	480.4	6189	38.46	*39 *53.2%	29.62 17.8%	96.53 58.1%	18.38 24.9%	4.87 6.6%	*0.05 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	664		600 - 700	100%				
Cholesterol (mg)	58							
Sodium 1 (mg)	971		1360	71%				
Sodium 1a (mg)	971		1225	79%				
Fiber (g)	1761.86							
Iron (mg)	12.03							
Calcium (mg)	480.4							
Vitamin A (IU)	6189							
Sugars (g)	39	23.65%			Missing			
Vitamin C (mg)	38.46							
Protein (g)	29.62	17.83%						
Carbohydrate (g)	96.53	58.11%						
Total Fat (g)	18.38	24.89%	<=30.00%					
Saturated Fat (g)	4.87	6.60%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.07%			Missing			

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# Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 03/10/2025</b>																
Middle School Lunch	Total	3199														
Meatball Grinder, Beef '24	Serving(5 piece	400	699	148	1434	6.39	7.09	464.9	970	17.47	*11	52.45	60.63	29.18	12.09	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
PROTEIN BOX MIDDLE SCHOOL BEANS, PINTO SEASONED-2017	1 EACH	422	478	106	601	6.71	3.07	93.3	2843	12.46	*6	12.64	39.43	34.78	6.62	*0.07
ELOTRESTREET CORN IN A CU P 2018	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
Potato Wedges, Plain FRESH '24	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibbles MS/HS	5 OUNCE package	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	400	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00

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# Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/10/2025																
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			726	73	1075	1762.6	3.96	514.7	6454	38.80	*41	33.37	101.39	21.74	6.11	*0.05
% of Calories											*22.4%	18.4%	55.9%	27.0%	7.6%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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# Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/11/2025																
Middle School Lunch	Total	3199														
Chicken & Waffles, WG 2024	Serving	400	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
CHEESEBURGER, W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO, BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
spicy chicken/tapatío salad	1 EACH	422	424	26	684	5.24	4.38	67.1	1512	11.72	*10	15.4	42.32	23.27	4.22	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Savory '24	Serv. 3oz	800	130	0	400	2.00	2.80	0.0	0	0.0	0	2.0	20.0	5.0	0.50	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatío 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Rialto Unified School District**

**Mar 10, 2025 thru Mar 14, 2025**

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/11/2025																
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			641	50	1030	1762.3	4.14	432.6	6044	43.71	*40 *25.0%	29.33 18.3%	96.97 60.5%	15.69 22.0%	3.78 5.3%	*0.05 *0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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# Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/12/2025																
Middle School Lunch	Total	3199														
Bean and cheese Pupusa '24	1 each	400	290	15	480	4.00	1.08	200.0	5	0.0	1	13.0	35.0	11.0	3.50	0.00
Curtido, Homemade 2024	Servings	400	30	0	46	2.00	0.34	32.0	3508	19.33	*2	0.96	6.43	0.12	0.03	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	466.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Wrap, CRUNCHY CHICKEN MS BEANS, PINTO SEASONED-2017	1 EACH	422	409	100	673	2.62	1.45	97.3	638	133.35	7	21.31	39.39	20.04	4.68	*0.00
ELOTTESTREET CORN IN A CU P 2018	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
Potato Wedges, Plain FRESH '24	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibbles MS/HS	5 OUNCE package	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
APPLES,Fresh	1 EACH	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
BANANAS	100	51	0	0	4.39	0.00	4.9	0	0	4.64	9	0.61	12.99	0.28	0.01	0.00
ORANGE WEDGES '23	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,NF Chocolate DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Ketchup, 2017	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
MUSTARD	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MAYONNAISE / PKGS	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
DRESSING, RANCH#2-HS/MS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Sauce, Taco, Tapatio 2017	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
SOY SAUCE, LOW SODIUM	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
Tajin 2022	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Weighted Daily Average	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
% of Calories			645	56	967	1762.0	2.95	486.1	6346	43.73	*35	29.70	92.86	17.54	4.78	*0.04
Nutrient Guideline			600-700		1360						*21.8%	18.4%	57.6%	24.5%	6.7%	*0.1%

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/13/2025																
Middle School Lunch	Total	3199														
Gumbo, Chx and Sausage '24	Servings (3/4c)	400	261	24	1318	4.48	1.92	38.9	1043	39.03	*2	12.5	33.3	9.11	1.10	*0.02
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
CHEESEBURGER, W/ BUZZ'23	1 EACH	400	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	300	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO, BEEF BEAN & CHSE-2017	Burritos	422	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
SALAD, CHEF, '24	1 EACH	422	435	139	753	2.50	1.83	183.6	1155	6.15	*7	20.34	33.38	25.11	5.97	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00

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**Rialto Unified School District**

**Mar 10, 2025 thru Mar 14, 2025**

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/13/2025																
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			642	65	1053	1761.9	3.25	457.8	6112	39.00	*38	29.56	93.41	17.14	4.29	*0.06
% of Calories											*23.4%	18.4%	58.2%	24.0%	6.0%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/14/2025																
Middle School Lunch	Total	3199														
Grilled Cheese, Integrated '25	1 EACH	400	309	32	559	2.60	1.53	427.0	0	0.0	6	18.88	32.86	11.18	5.54	0.00
SOUP, CREAMY TOMATO '25	1 CUP	400	84	0	392	1.81	0.80	44.3	753	13.05	*4	1.64	11.93	3.44	1.65	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Salad, TACO '23	1 each	422	573	45	779	7.55	228.25	113.5	1238	9.75	*8	23.11	63.01	29.42	6.53	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CUP 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Mar 10, 2025 thru Mar 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			675	46	967	1762.0	32.96	474.4	6253	45.88	*44	28.51	103.24	17.09	4.49	*0.04
% of Calories											*26.0%	16.9%	61.1%	22.8%	6.0%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			666	58	1018	1762.2	9.45	473.1	6242	42.23	*39 *53.3%	30.09 18.1%	97.57 58.6%	17.84 24.1%	4.69 6.3%	*0.05 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	666		600 - 700	100%				
Cholesterol (mg)	58							
Sodium 1 (mg)	1018		1360	75%				
Sodium 1a (mg)	1018		1225	83%				
Fiber (g)	1762.21							
Iron (mg)	9.45							
Calcium (mg)	473.1							
Vitamin A (IU)	6242							
Sugars (g)	39	23.71%			Missing			
Vitamin C (mg)	42.23							
Protein (g)	30.09	18.08%						
Carbohydrate (g)	97.57	58.63%						
Total Fat (g)	17.84	24.12%	<=30.00%					
Saturated Fat (g)	4.69	6.34%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.06%			Missing			

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Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/17/2025																
Middle School Lunch	Total	3199														
TACO Walkin,Beef,- '24	Serving	400	498	62	781	4.42	2.51	279.6	1096	6.24	*3	20.84	30.83	32.16	11.21	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
PROTEIN BOX MIDDLE SCHOOL BEANS, PINTO SEASONED-2017	1 EACH	422	478	106	601	6.71	3.07	93.3	2843	12.46	*6	12.64	39.43	34.78	6.62	*0.07
ELOTESTREET CORN IN A CU P 2018	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
GARDEN SALAD-2014	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
Potato Wedges, Plain FRESH '24	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Carrot Nibblets MS/HS	5 OUNCE package	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/17/2025																
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatlo 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			701	62	993	1762.4	3.39	491.5	6469	37.40	*40	29.42	97.67	22.12	6.00	*0.05
% of Calories											*22.7%	16.8%	55.7%	28.4%	7.7%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/18/2025																
Middle School Lunch	Total	3199														
Penne, Alfredo, Chx & Broc '24	1 Cup	400	411	65	977	10.13	2.66	323.0	691	22.74	7	24.14	43.48	14.73	6.45	0.09
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
CHEESEBURGER, W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO, BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
spicy chicken/tapatío salad	1 EACH	422	424	26	684	5.24	4.38	67.1	1512	11.72	*10	15.4	42.32	23.27	4.22	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Savory '24	Serv. 3oz	800	130	0	400	2.00	2.80	0.0	0	0.0	0	2.0	20.0	5.0	0.50	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/19/2025																
Middle School Lunch	Total	3199														
CHILI VERDEFRIES w/cheese-2018	SERVING,	400	476	118	1119	2.61	2.25	120.5	129	13.95	*1	40.82	33.04	20.07	6.07	*0.00
Roll, dinner,wh.wheat Galassos	1 each	400	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Chicken, Teriyaki and Rice '24	BOX	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken,Orange Sec-'24	BOX	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
Wrap, CRUNCHY CHICKEN MS	1 EACH	422	409	100	673	2.62	1.45	97.3	638	133.35	7	21.31	39.39	20.04	4.68	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Mar 17, 2025 thru Mar 19, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			674	68	1060	1761.7	3.18	478.1	5924	43.06	*35	33.44	93.80	18.79	5.10	*0.04
% of Calories											*20.8%	19.8%	55.7%	25.1%	6.8%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			673	61	1042	1762.4	3.55	479.2	6167	38.71	*38	30.94	95.46	19.06	5.15	*0.05
											*50.5%	18.4%	56.8%	25.5%	6.9%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	673		600 - 700	100%				
Cholesterol (mg)	61							
Sodium 1 (mg)	1042		1360	77%				
Sodium 1a (mg)	1042		1225	85%				
Fiber (g)	1762.43							
Iron (mg)	3.55							
Calcium (mg)	479.2							
Vitamin A (IU)	6167							
Sugars (g)	38	22.44%			Missing			
Vitamin C (mg)	38.71							
Protein (g)	30.94	18.40%						
Carbohydrate (g)	95.46	56.78%						
Total Fat (g)	19.06	25.51%	<=30.00%					
Saturated Fat (g)	5.15	6.89%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.07%			Missing			

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# Rialto Unified School District

Mar 31, 2025 thru Mar 31, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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Generated on: 3/5/2025 10:22:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/31/2025																
Middle School Lunch	Total	3199														
Pull Apart Bread 2024	Serving	400	346	30	1059	2.38	11.36	277.8	898	13.54	*3	17.44	41.36	14.38	5.05	*0.00
Sauce, Marinara '22	Servings (4oz)	400	56	0	429	2.38	1.65	34.8	761	13.06	*2	2.45	12.39	0.4	0.05	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
Chicken, Orange Sec-'24	BOX(2M MA/2G)	400	364	41	654	3.47	2.02	26.7	4750	2.91	*12	17.63	62.99	5.05	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	380	20	620	5.00	3.80	110.0	15	0.0	4	20.0	44.0	15.0	2.50	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	487	12	254	4.32	2.00	456.6	455	48.69	*15	14.55	87.9	8.18	1.98	*0.00
PROTEIN BOX MIDDLE SCHOOL BEANS, PINTO SEASONED-2017	1 EACH	422	478	106	601	6.71	3.07	93.3	2843	12.46	*6	12.64	39.43	34.78	6.62	*0.07
ELOTRESTREET CORN IN A CU P 2018	1/2 Cup BP Serving	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	400	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Mar 31, 2025 thru Mar 31, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/31/2025																
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	4	0	194	0.10	0.09	1.7	0	0.0	0	0.44	0.45	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			689	58	1082	1762.4	4.70	495.6	6540	39.95	*40	29.30	100.53	19.94	5.24	*0.05
% of Calories											*23.2%	17.0%	58.4%	26.1%	6.8%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			689	58	1082	1762.4	4.70	495.6	6540	39.95	*40	29.30	100.53	19.94	5.24	*0.05
											*52.2%	17.0%	58.4%	26.1%	6.8%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	689		600 - 700					
Cholesterol (mg)	58							
Sodium 1 (mg)	1082		1360					
Sodium 1a (mg)	1082		1225					
Fiber (g)	1762.46							
Iron (mg)	4.70							
Calcium (mg)	495.6							
Vitamin A (IU)	6540							
Sugars (g)	40	23.22%			Missing			
Vitamin C (mg)	39.95							
Protein (g)	29.30	17.02%						
Carbohydrate (g)	100.53	58.38%						
Total Fat (g)	19.94	26.06%	<=30.00%					
Saturated Fat (g)	5.24	6.84%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.06%			Missing			

\*Data comparisons are not available for one or two day selections

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